



## Ireland's Wild Atlantic Way

**Cultural Itinerary** 

## Galway – West Cork

## 5 Days

## Day 1 - Galway

## AM

Arrive Galway City and check into your selected accommodation. Choose from a range of accommodation options <a href="http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f">http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f</a> Results&catid=10021&areaid=2681&lcid=5

Take a short walk to Kirwans Lane and enjoy morning tea at **Goyas**, Galway's finest café and bakery. Meet the proprietor Emer who started her business selling cakes from the back of her car at Galway's famous market.

www.goyas.ie

Address: 2-3 Kirwans Lane, Galway Sales Manager: Emer Murray Email: <u>info@goyas.ie</u> Direct Tel: +353 91 567010

Walk around Galway's Antiques Trail. This is a group of antique shops in Galway City whose range of goods includes jewellery, silver, furniture, porcelain and glassware. Here you will find the shops that stock the most special of special gifts.

https://www.facebook.com/antiques.galway/info

## Lunch

Take a drive along the Wild Atlantic Way to Spiddal and explore the Spiddal Craft Centre.



Enjoy lunch at An Builin Blásta and hear the Irish Language spoken by the staff.

http://www.ceardlann.com/

Address: Spiddal, Co Galway Email: <u>robdeat@hotmail.com</u> Direct Tel: +353 91 553376

**Travel Distance & Time:** Galway to Spiddal 19 Km –20 mins Return to Galway and take a guided walking tour of the old mediaeval city with Conor Riordan. www.legendquest.ie

Address: Galway City Sales Manager: Conor Riordan Email: <u>info@legendquest.ie</u> Direct Tel: +353 87 782887

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Drive to Morans the Weir, Moran's Oyster Cottage and Seafood Restaurant Galway,

The Weir, Kilcolgan, Co. Galway is a traditional thatched cottage that dates back over 250 years. Today Moran's is run by Catherine Moran, the 7th generation of the Moran family in the business. It is renowned the world over for its superb seafood and Galway oysters which attracts people from the five continents, and is open all year round.

www.moransoystercottage.com

Address: The Weir, Kilcolgan, Co Galway Sales manager: Catherine Moran Email: info@moranstheweir.com Direct Tel: +353 91 796113

Travel Distance & Time: Galway to Kilcolgan - 20 Km 25 mins

Return to Galway City and mingle with the locals in the charming cobblestoned streets and enjoy traditional Irish music in many of the pubs in the **Latin Quarter** and street performances

www.thelatinquarter.ie

Email: <u>latinguarternews@gmail.com</u>

Day 2 – Clare

Depart Galway City and drive to Ballyvaughan, Co Clare

Travel Distance & Time: Galway City to Ballyvaughan 50km – 45 mins



Visit the dramatic underworld of **Aillwee Cave**, stroll through the beautiful caverns – over bridged chasms, under weird formations and alongside the thunderous waterfall which sometimes gently sprays the unsuspecting visitor! On site you can also enjoy the Birds of Prey Experience, Craft Shop or Hawk Walk www.aillweecave.ie

Address: Ballyvaughan, Co. Clare Sales Manager: Nuala Mulqueeny Email: <u>Nuala@aillweecave.ie</u> Direct Tel: +353 65 7077036 FIT rate: €18 Adult; €10 Child; Family (2A+2C €44) Aillwee Cave experience only – online discount rate available Group rates: Y Group rate available on request: Y Time needed to engage with the experience: 1 hour Is the experience seasonal or subject to weather conditions: N

Lunch

Travel Distance & Time: Ballyvaughan to Doolin 24km – 25 mins



#### Gus O' Connors, Doolin

Located in the heart of the picturesque village of Doolin the menu has a backbone of traditional Irish fare using fresh produce. Home to traditional music and where you will always hear a tune or two!

www.gusoconnorsdoolin.com

Address: Doolin, Co. Kerry Sales Manager: Patrick Sexton Email: info@gusoconnorsdoolin.com Direct Tel: +353 65 7074168 Group rates: Y Group rate available on request: Y Coach parking: Y nearby

РМ



**The Cliffs of Moher** are Ireland's most visited natural attraction with a magical vista that captures the hearts of up to one million visitors every year. Standing 214m (702 feet) at their highest point they stretch for 8km (5 miles) along the Atlantic coast of County Clare in the west of Ireland.

## www.cliffsofmoher.ie

Address: Doolin, Co. Clare Sales Manager: Paula Hawes Email: <u>Paula.Hawes@cliffsofmoher.ie</u> Direct Tel: +353 65 708 6141 FIT rate: €6 Adult – Children under 16 free Group rates: Y Group rate available on request: Y Time needed to engage with the experience: 1½ hours Is the experience seasonal or subject to weather conditions: Yes in very exceptional conditions

Continue your journey along the Wild Atlantic Way coastal driving route to **Loophead Peninsula** 

**Travel Distance & Time:** Cliffs of Moher to Loophead (Lighthouse) 83km 1 hour 35 mins



**The Loop Head Peninsula** on the west coast of Co Clare juts into the Atlantic Ocean like a gnarled finger pointing westward. Here you will experience the vastness of the ocean, finally arriving at **Loophead Lighthouse** 

#### www.loophead.ie

Address: Loophead Lighthouse Kilbaha, Co. Clare Sales Contact: Kathy Lordan Email: <u>klordan@clarecoco.ie</u> Direct Tel: +353 65 6846429 FIT rate: Adult €5, Child €2, Family (2 adults and up to 3 children) €12 Group rates: N Group rates available on request: N Time needed to engage with the experience: 1 hour Is the experience seasonal or subject to weather conditions: Seasonal April – September

**Kilbaha Gallery & Crafts'** is located on the road to Loop Head Lighthouse in Kilbaha. Complete with free parking, tea & coffee, picnic benches, toilet facilities and disability access, this gallery, gift shop and heritage experience is a lovely new addition to the Loop Head Visitor Experience. Here you will find fine art, photography, crafts & local artisan produce.

http://www.loophead.ie/kilbaha-gallery-and-crafts/

https://www.facebook.com/kilbahagallery

Address: Lighthouse Road, Kilbaha, Loop Head, Co Clare Email: <u>kilbahagallery@gmail.com</u> Direct Tel: +353 65 9058843

Travel Distance & Time: Kilbaha to Doonbeg 32km - 50 mins

Choose your accommodation in the vicinity of **Doonbeg** <u>http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f</u> <u>Results&catid=10021&areaid=2675&lcid=5</u>

## Day 3 – North & West Kerry

#### AM

Travel Distance & Time: Spanish Point to Killimer 50km - 1 hour

**Travel Distance & Time:** Doonbeg to Killimer 25km – 30 mins (always allow a little extra time for unforeseen tractors on road!)



#### **Shannon Ferries from Clare to Kerry**

Sailing every half hour in summer season and every hour on the hour in winter – journey time from Clare (Killimer) to Kerry (Tarbert) 20 mins.

www.shannonferries.com

Address: Killimer, Co. Clare Sales Manager: Eugene Maher Email: <u>eugene@shannonferries.com</u> Direct Tel: +353 65 905 3124 FIT rate: Car €18.00; Coach €25.00 Group rates: 10% online discount rate Group rate available on request: n/a Coach parking: Y Time needed to engage with the experience: 20 min journey time from port to port Is the experience seasonal or subject to weather conditions: All year round but subject to severe weather conditions

Travel Distance & Time: Tarbert to Ballybunion 33km - 45 mins



In Ballybunion, enjoy the **Cliff Walk** where you will be regaled with stories and legends of the area by your guide Danny Houlihan of Eco-trek walks.

www.ecotrekballybunion.com

Address: Ballybunion, Co. Kerry Sales Manager: Danny Houlihan Email: <u>info@ecotrekballybunion.com</u> Direct Tel: +353 87 3539613 FIT rate: €12.50 Adult; €6.50 child Group rates: Y Group rate available on request: Y Time needed to engage with the experience: 1 ½ hours Is the experience seasonal or subject to weather conditions: Yes if blustery!

#### Late Morning Break

This morning why not enjoy a break in the tea rooms at Ballybunion. Alternatively and depending on time of year enjoy a hot chocolate or coffee and scones at Kilcooly's in Ballybunion or enjoy the view from Ballybunion Golf Club-House at their café.

#### For Tea Rooms and Kilcooly's:

Address: Kilcooly's, Main St., Ballybunion Contact for both: Joan O Connor Email: joan@golfballybunion.com Do they offer group rates: Y Group rate available on request: Y Coach parking: Y on Main St or at Garvey's car park Time needed to engage with the experience: 30-40 mins Golf Club and Kilcoolys are open all year around Tea Rooms are seasonal and open certain days in winter months.

#### Or

*Option to take a break and a stop in Tralee and continue on to Dingle* 

Travel Distance & Time: Ballybunion to Tralee is 42km - 40 mins



#### Mary Anne's Tea Rooms, Denny St. Tralee

Enjoy homemade treats in the lovely Georgian House setting of Mary Anne's Tea Rooms located on historic Denny St in Tralee. The interior is bright, with pretty floral crockery

and a line in background music that takes in soundtracks from old musicals like Dancing in the Rain, and a menu that uses silly words like 'controversial' to describe some of the dishes.

https://www.facebook.com/pages/Mary-Annes-Tea-Rooms/212598182181943

Address: Denny St, Tralee, Co. Kerry Mary Anne's Tea Rooms Owner: Eileen Nolan Email: finneganshostel@eircom.net Direct Tel: +353 66 7181400 Group rates: Y Group rate available on request: Y Coach parking: Y across the way on Denny St near County Museum Open all year round.

Travel Distance & Time: Tralee to Dingle town via Connor Pass is 55km - 50 mins

## *Note: This route is only suitable for cars and mini-vans – all other large vehicles must take the Annascaul route to Dingle on N86*



#### **The Conor Pass**

Continue on your journey by road on the renowned **Dingle Peninsula**, once described by National Geographic as "the most beautiful place on earth"

After Cloghane village, take in the spectacular views from the **Conor Pass**, Ireland's highest Pass with its dramatic twists and turns and breathtaking views down into Cloghane, Maharees and Tralee Bay on one side and Dingle Bay from the other. On a clear day one can even get a panoramic view of The Skellig islands on the Iveragh Peninsula!

## In Dingle town:



Take some time to meander around the colourful streets of Dingle filled *with artisan arts and crafts* for that extra special gift to bring home! Why not participate yourself in an art or crafts class and meet with local crafts-makers to create your very *own masterpiece* on the Wild Atlantic Way with Holden Leather, Louis Mulcahy Pottery, The Old Barn Gallery or Dingle Crystal!

For more information on West Kerry Craft Trail see <u>www.originalkerry.com</u>

Address: West Kerry Craft Trail Sales Manager: Deirdre Johnston Email: <u>enquiries@originalkerry.com</u> Direct Tel: +353 86 8524222 Can the experiences cater to groups: Y for 20 pax and under Group rate available: Y Coach parking: Y public carpark down at marina 5 mins walk away Open: All year round

## РМ

## Travel Distance & Time:

Dingle to Ballyferriter and Ballydavid is just 22kms, driving time... taking it slow and taking in the spectacular views for photo stops allow 1 hour.

The complete Slea Head drive loop tour route is 46kms and takes up to 2 hours driving time (this is including stops for photos etc.).

The Boat Trip takes 3 hours if you land on Great Blasket – this is also weather dependent.



#### PM – Option 1

Take a private boat trip out on Dingle Bay and to the **Great Blasket Experience** this afternoon with Billy O'Connor on his catamaran. You may even see **Fungie the resident dolphin** as well as other wild life like whales, herrings, seals and puffins! Billy will also arrange for you (weather and time of year permitting) a personal guided walk tour on the Great Blasket Island, with refreshments included.

http://www.greatblasketisland.net/



**NOTE**: Landing on Great Blasket is restricted and allowed during the months of May to end September only or by special permit at all other times.

Email: info@greatblasketisland.net Tel: +353 86 0572626 FIT Rates: Y Group Rates: Y max 12 pax on the boat Coach Parking: Y Open 1<sup>st</sup> May – 30th September

#### Accommodation for larger groups – Dingle

http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f Results&catid=10016&areaid=2683&lcid=5

## **Dinner Options Dingle**



#### The Chart House Restaurant, Dingle town

This award winning Bib Gourmand Restaurant offers superb local food on its menu and Irish music entertainment for groups once pre booked. Open all year round!

www.thecharthousedingle.com

Owner: Jim Mc Carthy Address: Emlagh, Dingle Email: jim@thecharthousedingle.com Direct Tel: +353 66 9152255 **Can the restaurant cater to groups:** Y (can also provide Irish Music entertainment) **Group menu rate available on request:** Y **Coach parking:** N (but there is nearby)

Or



## **Global Village**

This **Michelin recommended restaurant** boasts a fresh daily menu of the best of local ingredients. Proprietor Martin Bealin is an award winning chef and a Fáilte Ireland Food Ambassador for Wild Atlantic Way.

www.globalvillagedingle.com

Owner: Martin Bealin Address: Upper Main St, Dingle Email: <u>admin@globalvillage.ie</u> Direct Tel: +353669152325

Can the restaurant cater to groups: Y (small sized under 15 pax) Group menu rate available on request: Y Coach parking: N (but there is across road)

PM - Option 2



Or, if you wish to stay on, explore the great **Slea Head drive**; the most westerly tip of the Peninsula and "next stop America" as the locals say!.

Learn about the **West Kerry Way of life and the islanders of the Great Blasket** at the **Blasket Centre**. Take time to learn about the language of the area; explore via their walk behind the centre panoramic views of the Blaskets. The Dingle Peninsula has one of the largest Gaeltacht (gaelic-speaking) communities in Ireland; here you'll find many of the locals are bi-lingual – speaking Irish as their mother tongue, lovely lyrical English to their visitors, and often a mix of the two. They'll tell you "fáilte romhat isteach – you're most welcome here" in both languages!

http://www.heritageireland.ie/en/South-West/IonadandBhlascaoidMhoir-TheBlascaoidCentre/

Address: Dunquin, Dingle, Co. Kerry Sales Manager: Daithi de Mordha Email: <u>blascaod@opw.ie</u> Tel: +353 66 915 6444/915 6371 FIT Rates: Y Group Rates: Y Coach Parking: Y Open 3<sup>rd</sup> April – 31st October

If you have time and want to catch a breathtaking walk in: SiúloidnaCille

Why not enjoy a late walk around the back of the centre and through the film set of the ruins of village from the great film which made the area world famous, 'Ryans Daughter'

Walk is free of charge and takes 1 hour 35 mins <a href="http://www.irishtrails.ie/Trail/Dingle---Siuloid-na-Cille/56/">http://www.irishtrails.ie/Trail/Dingle---Siuloid-na-Cille/56/</a>

## Option – Accommodation if you wish to stay on Slea Head and for smaller groups and FIT

http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f Results&lcid=5&catid=10001&countyid=7&locationid=170&subcatid=10009&reftype=1

## Day 4 - The Ring of Kerry and Iveragh Peninsula

## **Travel Distance & Time:**

Dingle Town to Killorglin via Inch Strand and Castlemaine & Milltown villages is 54km, 55 mins driving time. From Slea Head to Killorglin 70km 1hr 30 mins

#### AM

Welcome to the World Famous Ring of Kerry section of the Wild Atlantic Way.

#### Sásta Sausages, Cromane (near Killorglin)

Ever wonder how the famous Irish sausage and black and white pudding are made. Sásta Sausages are a **small family run award winning artisan producer**. Tour includes seeing production, tastings and opportunity to buy the products.

Group rate available on request: Y (8 visitors at a time) Coach parking: Y

# Tour 30 mins in duration and only available on Tuesdays and Wednesdays (8 visitors at a time)

Is the experience seasonal or subject to weather conditions: Available all year

Travel Distance & Time: Killorglin to Kells Bay 22km 25 minutes

#### Kells Bay Gardens, Kells

Kells Bay is one of Ireland's most spectacular settings. The Gardens cover just over 17 hectares, containing a large collection of sub-tropical plants. The Gardens overlook the dramatic views of Dingle Bay, and are filled with a variety of sub-tropical plants. Enjoy a cup of quality coffee in the conservatory after an energetic walk through the gardens Web: <u>http://www.kellsgardens.ie/</u>

Address: Kells Bay Gardens Sales Manager: Billy Alexander Email: billy@kellsgardens.ie Direct Tel: + 353 (0)66 9477975 FIT rate is: €6.50 Group rates: Y Group rate available on request: Y Coach parking: Y (small coaches only narrow access road) Time needed to engage with the experience: 1 hour plus Is the experience seasonal or subject to weather conditions: Subject to weather

Lunch

**Option 1** 

Travel Distance & Time: 10km 15 minutes from Kells to QC's, Cahersiveen



## QC's Restaurant, Cahersiveen

Located in the centre of Cahersiveen on the Ring of Kerry, the philosophy of the owners, Kate and Andrew Cooke, is to serve only fresh, wild Irish local fish. Voted **best Seafood Restaurant in Ireland in 2012.** 

Web: <u>http://www.qcbar.com/</u>

Address: QC's Restaurant Sales Managers: Kate and Andrew Cooke Email: <u>info@qcbar.com</u> Direct Tel: +353 (0)66 9472244 FIT rate is: dependent on menu Can the restaurant cater to groups: Y Group rates: Y Group rate available on request: Y Coach parking: Y Street parking or public car parks in Cahersiveen Town

## **Option 2**

Travel Distance & Time: 24km 36 minutes from Kells to the Moorings

## The Moorings, Portmagee

The Moorings can offer it all. Choose to eat in our award-winning Seafood Restaurant or in the cosy Bridge Bar voted Munster's Best Gastro Pub in the 2013 Restaurant Association Awards.

#### http://www.moorings.ie/

Address: The Moorings, Portmagee Sales Manager: Gerard Kennedy Email: <u>mooringsatbridgebar@gmail.com</u> Direct Tel: +353 (0)66 9477108 FIT rate is: dependent on menu Can the restaurant cater to groups: Y Group rates: Y Group rate available on request: Y Coach parking: Y Street parking in village

#### ΡM

#### Bray Head Looped Walk on Valentia Island

Enjoy this 5 Km looped walk to Bray Head Tower, depending on abilities this takes between 1 and a half and 2 hours to walk. Enjoy panoramic views of the Skellig Rocks and Portmagee village.

http://www.discoverireland.ie/Activities-Adventure/bray-head-loop/91219

Address: Bray Head Looped Walk, Valentia Island Sales manager: N/A Nominal parking charge €2 per car Email: N/A Direct Tel: N/A FIT rate is: nominal parking charge €2 per car Group rates: N/A Nominal Parking Charge applies Group rate available on request: N/A Coach parking: Y Time needed to engage with the experience: 90 minutes to two hours Is the experience seasonal or subject to weather conditions: Yes subject to weather

## Or an easier route

## Geokaun Mountain, Valentia Island

Walk or drive to the top of Geokaun Mountain, one of the Ring of Kerry's highest points. Located on Valentia Island, one of the most westerly parts of Ireland and indeed Europe. See the fantastic cliffs and enjoy the fantastic vistas of the Wild Atlantic Ocean. <u>Small Coaches only</u>

#### www.geokaun.com

Address: Geokaun Mountain, Valentia Island Sales manager: Bernie & Muris O' Donoghue Email: <u>bernie@qeokaun.com</u> or <u>muiris@geokaun.com</u> Direct Tel:+353 87 6493728 FIT rate is: €5 per car Group rates: Y Group rate available on request: Y Coach parking: Y Small Coaches only Time needed to engage with the experience: 1 hour + Is the experience seasonal or subject to weather conditions: Y

#### Or for the marine lover...

#### Sea Synergy Marine Awareness & Activity Centre, Waterville

Marine awareness and activity centre. See and touch live animals in tanks and learn about marine biodiversity and conservation through interactive exhibits. A resident marine biologist offers workshops, guided beach walks, snorkelling, marine eco tours, fishing.

http://www.lhmarine.ie/seasynergy.html

Address: Sea Synergy Marine Awareness & Activity Centre Sales Manager: Lucy Hunt Email: seasynergy@qmail.com Tel: +353 87 7850929 FIT rate: €4 for the centre and €10 for a beach walk Do they offer group rates: Y Group rate available on request: Y Coach parking: Y street parking Time needed to engage with the experience:1 hour+ Is the experience seasonal or subject to weather conditions: Yes seasonal and weather dependent for outdoor element

#### **Travel Distance & Time:**

17km 25 minutes Cahersiveen to Bray Head
25 km 40 minutes Cahersiveen to Geokaun via Portmagee
8km 15 minutes Cahersiveen to Valentia Island via Car Ferry (Seasonal)
Sunfish Explorer, Parknasilla

No need to paddle! Sunfish Explorer use **motorised kayaks**. These are fast, stable and comfortable; these kayaks are perfect for touring and fishing the waters in the **Caherdaniel, Sneem and Parknasilla** area.

The craft is propelled by an environmentally friendly 7 hp four stroke engine coupled onto a propeller-free jet-drive and has an average speed of 17 mph. (caters for small groups only)

http://sunfishexplorer.com/

Address: Sunfish Explorer Sales Manager: Noel Donnelly Email: info@sunfishexplorer.com Direct Tel: +353 (0) 87 9474616 FIT rate is: €35 for one hour €60 for two hours Group rates: Y (caters for small groups only) Group rate available on request: Y (caters for small groups only) Coach parking: Y Time needed to engage with the experience: 1-2 hour tours Is the experience seasonal or subject to weather conditions: Y

#### **Travel Distance & Time:** 60km 1 hour Portmagee to Parknasilla

Parknasilla to Kenmare 24km 20 mins

## Dinner

## **Option 1**

## Packies Restaurant, Henry Street, Kenmare

Open since 1991 Packies has established itself as one of the top restaurants in the South West. This Award winning restaurant located in Kenmare town run by Martin Hallissey and his team offers a fantastic authentic dining experience.

#### http://kenmarerestaurants.com/packies

Address: Packies Restaurant, Henry Street Kenmare Sales Manager: Martin Hallissey Email: <u>martin hallissey@yahoo.ie</u> Direct Tel: +353 64 6641508 FIT rate: Dependent on menu Can the restaurant cater to groups: Y Do they offer group rates: Y Group rate available on request: Y Coach parking: Street Parking

## **Option 2**

#### Mulcahy's Wild Garlic Restaurant

Offering international cuisine spiced with oriental surprises using fresh local products. The dishes on the menu are mouth-watering and are created to take you on a new route of enjoyment with Irish Produce.

http://kenmarerestaurants.com/mulcahys

Address: Mulcahy's Wild Garlic Restaurant, Henry Street Kenmare Sales Manager: Bruce Mulcahy Direct Tel: +353 64 6642383 FIT rate is: Dependent on menu Can the restaurant cater to groups: Y Group rates: Y Group rate available on request: Y Coach parking: Street parking

**Overnight in Kenmare – choose from a range of accommodation options** <u>http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f</u> <u>Results&lcid=5&catid=10001&countyid=7&locationid=179&subcatid=10021&reftype=1</u>

### Day 5 – West Cork

#### Kenmare to Mizen Head to Skibbereen

#### **Travel Distance & Time:**

Kenmare to Bantry 44 km approx. 45 mins Kenmare to Mizen Head 86 km approx. 1hr 30 mins Mizen to Skibbereen 48 Km approx. 1 hr

AM



Drive from Kenmare via Bantry and then head to **Mizen Head Signal Station** – an experience all the family will enjoy.

Ireland's most south-westerly point, Mizen Head Signal Station. The Mizen Peninsula is very beautiful with spectacular views of the Atlantic Ocean from rugged rocky cliffs. Whales, dolphins and basking sharks pass this coast and Mizen Head is a world class spot for whale and dolphin watching. Bird watchers, twitchers and bird lovers come to watch the annual migrations - a mile off the coast is an aerial superhighway!

Address: Mizen Head , Co Cork Sales Manager: Stephen O'Sullivan Email: info@mizenhead.ie Direct Tel: +353 28 3522521 FIT rate is: €6 adult Family: (2+3) €18 Group rates: Y (10%) Group rate available on request: Y Coach parking: Y Time needed to engage with the experience: 1 - 2 hrs Is the experience seasonal or subject to weather conditions: N Open all year – varied hours depending on season

There is a charge to continue through the display halls, down the paths across the bridge to the Signal Station and the lights at the most South-westerly Point of Ireland.

A full visit will take 1 - 2 hours

Travel Distance & Time: R591 - 45 km from Mizen to Bantry approx. 55/60 mins

**Lunch Options** 

## Mizen café

Mizen Café provides good home-food, snacks, drinks and ice-cream for lunch and tea. Open all day

#### www.mizenhead.ie

Address: Mizen, West Cork Sales Manager: Sue Hill Email: info@mizenhead.ie Direct Tel: +353 (0)28 35115 FIT rate is: Seasonal Can the restaurant cater to groups: Y Group rates: Y Group rate available on request: Y Coach parking: Y

Open Daily: Mid-Mar, Apr May & Oct: 10.30am – 5pm June to Sept: 10am – 6pm Open Weekends: Nov – Mid Mar: 11am – 4pm

## Or

When passing through Ballylickey on way to Bantry get refreshments for a picnic lunch to enjoy before or after visiting Mizen Head Visitor Centre at Manning's Emporium.



#### **Manning's Emporium**

Manning's Emporium has been in the Manning Family for over 70 years and has evolved in that time from post office and convenience store to what it is today - renowned for its high quality local produce, fine wines and excellent service. A gourmet food shop, deli and café, Manning's Emporium is a famous landmark **on the food trail of West Cork**. Situated on the coast road between Bantry and Glengarriff in the townland of Ballylickey, it has long been a treasure trove for food lovers everywhere.

http://www.manningsemporium.ie

Address: Ballylickey, Bantry, Co Cork. Sales Manager: Andrew Heath Email: Andrew@manningsemporium.ie Direct Tel: +353 27 50456 FIT rate is: Seasonal Can the restaurant cater to groups: Y (Nice lunch stop for small groups – with special interest in artisan food/cheese) Coach Parking: Y Open: Sunday to Thursday 9am - 7pm Will be running Food Tours 2015

## Travel Distance & Time:

Mizen to Skibbereen 48 km approx. 1 hr Mizen to Lough Hyne 55 km approx. 1 hr 5 mins Skibbereen to Lough Hyne 7 km approx. 11 mins

#### РМ



## Atlantic Sea Kayaking (from Skibbereen or Lough Hyne)

Kayaking offers the visitor the opportunity to explore this landscape. Kayaking trips are available every day for people of all abilities.

Or join them for a night trip in one of the many magical locations in West Cork.

Other trips include coastal tours, seaweed foraging trips whale and dolphin watching or experiencing white water rapids.

All necessary equipment is provided; participants should however, bring warm clothing, sunblock, a change of clothes, and a towel. Payment can be made by credit card, cash or cheque. Pre booking is required.

#### www.atlanticseakayaking.com

Address: The Abbey Skibbereen Co Cork Sales Manager: Jim Kennedy Email: info@atlanticseakayaking.com Direct Tel: +353 28 21058 FIT rate is: Seasonal Do they offer group rates: Y Group rate available on request: Y Coach parking: Lough Hyne Reen Pier: small coach parking Skibbereen parking: Y Time needed to engage with the experience: 2 ½ - 3 hours hrs approx. Is the experience seasonal or subject to weather conditions:

#### Open all year

#### Visit The Heritage Centre

A few hours kayaking will whet your appetite for more information on the eco system you have just experienced. Head to Skibbereen to **The Heritage Centre** which houses **The Lough Hyne Visitor Centre** - this includes an archaeology trail of the Skibbereen area, displays on the Old Gasworks Building and information on the species living on the River Ilen.

The Heritage Centre is located in the award winning, beautifully restored Old Gasworks Building in Skibbereen. Centre also houses **The Great Famine Commemoration Exhibition.** 

Address: The Old Gasworks Building Skibbereen Co Cork Sales manager: Terri Kearney Email: not available Direct Tel:  $+353 \ 28 \ 40900$ FIT rate is: Adult:  $\in 6.00$ Family:  $\in 14 \ (2ad + 4ch)$ Child:  $\in 3.00$ Student / Senior :  $\in 4.50$ Do they offer group rates: Y Group rate available on request: Y Coach parking: Y Time needed to engage with the experience: 1hr 30mins Is the experience seasonal or subject to weather conditions: N

## **Opening Hours Depending on Season**

#### **Dinner Options**



## **The Church Restaurant**

The Church Restaurant in Skibbereen, County Cork, Ireland gets its name from its origins as a converted Methodist Church which held weekly church services from 1833 – 2003.

http://www.menupages.ie/Cork/west\_cork/skibbereen/the\_church

Address: Bridge St., Skibbereen, Co Cork Sales Manager: Regina Burchill Direct tel: +353 28 23625 FIT Rate is: Seasonal Can the Restaurant cater for groups: Y Do they offer group rates: Y Coach parking: Y (on street or designated area in the town)

Travel Distance & Time: Skibbereen to Castletownshend 11 km - approx. 15 mins

Or



## Mary Anne's Pub and Restaurant,

The pub dates back to 1846 and has been in the energetic and hospitable ownership of Fergus and Patricia O'Mahony since 1988 who have left its original character intact. The O'Mahony's have built up a great reputation for food in both the bar and the restaurant, which is split between an upstairs dining room and The Vine Room at the back, which can be used for private parties. Alongside there is a paved garden which has been fitted with a retractable awning allowing for all-weather dining.

http://www.westcorkweek.com/maryanns/bar-restaurant-ireland.htm

Address: Castletownshend, Co Cork. Sales Manager: Fergus and Patricia O'Mahony Direct Tel: +353 28 36146 FIT rate is: Seasonal Can the restaurant cater to groups: Y Group rate available on request: Y Coach parking: Y (on street) Restaurant Seats 30 (outside, 100, private room 30); toilets wheelchair accessible; children welcome.

**Overnight in Skibbereen – choose from a range of accommodation options** <u>http://www.discoverireland.ie/CMSPages/PortalTemplate.aspx?aliaspath=%2fSearch%2f</u> <u>Results&lcid=5&catid=10001&countyid=6&locationid=106&subcatid=10009,10016,1002</u> <u>1&reftype=1</u>